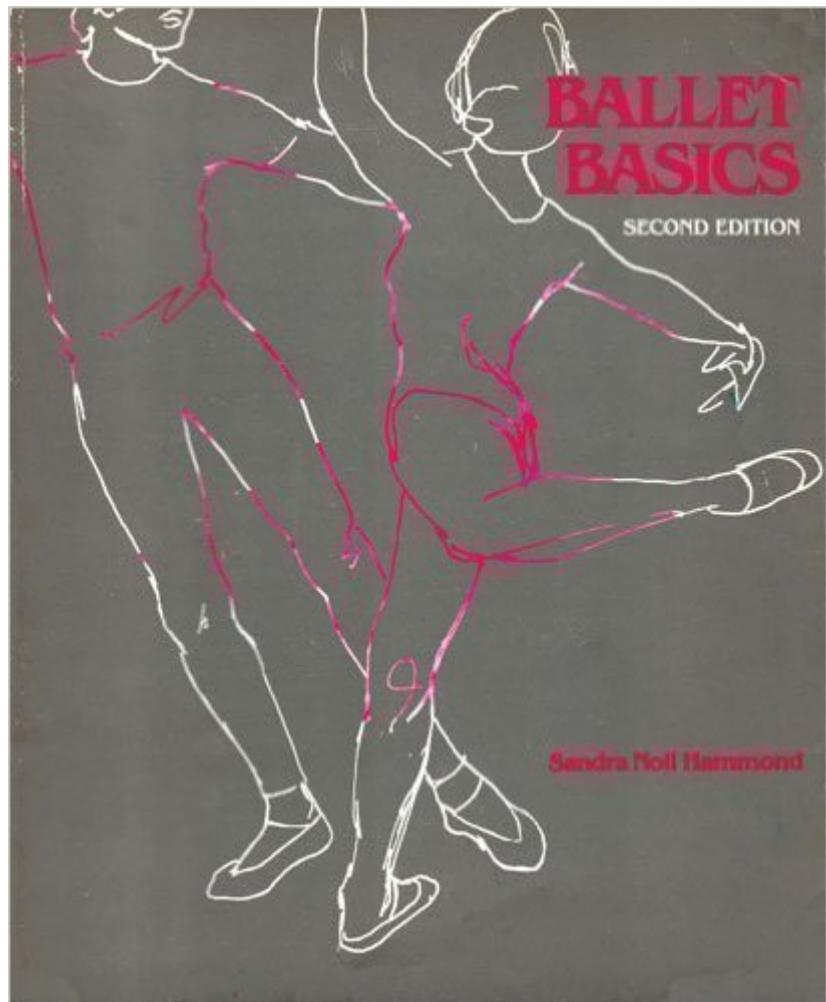


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Synopsis

Written for the adult beginner, *Ballet Basics* is a well-illustrated introduction to the fundamentals of ballet technique. The text also provides an overview of the history of ballet and introduces students to the world of ballet.

Book Information

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